### Milestones Chart: 6 – 18 months

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</table>
| 6-7 months| - Some babies sit up unaided at 6 months. 6-8 months is the average.  
  - She may be pushing herself up to crawl or mastering sitting up unaided. | - She may babble a few sounds or blow bubbles.  
  - If your baby can’t see you, she may get upset. Try calling out to her so she knows where you are. | - She’ll love toys with textures that make a noise.  
  - She may be able to hold two objects in each hand. | - She’ll love stacking cubes and shape sorters.  
  - He may get more anxious than before if you’re out of the room. | - She may cut her first two central top and two central bottom incisors.  
  - Your baby will probably enjoy lumpier textures. He may hold rusks or toast soldiers and drink less milk now. |
| 8-9 months| - He may be on the move crawling, shuffling on his bum or cruising between the furniture.  
  - She may slither backwards down the stairs. | - He may say ‘mama’ or ‘dada’ and wave bye-bye.  
  - She becomes a chatterbox and loves action songs.  
  - She may babble in short sentences, not real words e.g. ‘ba ba ba’. | - Some babies develop a fear of strangers.  
  - She may start to remember where things are.  
  - She’ll love playing with everyday objects. | - He’ll love stacking cubes and shape sorters.  
  - Between now and 12 months, two or more front teeth appear making four top and four bottom teeth. | - Her second incisors should be through now.  
  - She may be able to drink from a cup independently.  
  - She may have favourite foods or be a picky eater. She might be trying to feed herself with a spoon. |
| 10-11 months | - Some babies are able to stand unaided; some are even ready to take their first steps.  
  - She may slither backwards down the stairs. | - He could be ready to walk while holding your hand.  
  - He may start to crawl upstairs.  
  - He may say ‘mama’ or ‘dada’ to call you to him. | - He’ll begin to understand simple instructions.  
  - He’ll respond to his name.  
  - He perfects the thumb and finger pincer grip so he can pick objects up. | - His first molar teeth may be coming through soon.  
  - He loves finger food even more now and will have dropped a milk feed. | - She may cut her first two central top and two central bottom incisors.  
  - Your baby will probably enjoy lumpier textures. He may hold rusks or toast soldiers and drink less milk now. |
| 12 months | - He could be ready to walk while holding your hand.  
  - He may start to crawl upstairs.  
  - He may say ‘mama’ or ‘dada’ to call you to him. | - He could be ready to walk while holding your hand.  
  - He may start to crawl upstairs.  
  - He may say ‘mama’ or ‘dada’ to call you to him. | - He’ll begin to understand simple instructions.  
  - He’ll respond to his name.  
  - He perfects the thumb and finger pincer grip so he can pick objects up. | - His first molar teeth may be coming through soon.  
  - He loves finger food even more now and will have dropped a milk feed. | - She may cut her first two central top and two central bottom incisors.  
  - Your baby will probably enjoy lumpier textures. He may hold rusks or toast soldiers and drink less milk now. |
| 13-14 months | - She may be walking, gradually getting steadier and faster but prone to bumps and falls.  
  - She may start to use simple pairs of words like ‘me go’. | - She may start to use simple pairs of words like ‘me go’.  
  - She’ll assert independence and have some tantrums.  
  - She’ll give you hugs and show affection. | - She’ll experiment with cause and effect.  
  - She’ll show more interest in other children. | - First molars should be through now.  
  - Her appetite decreases and weight gain slows.  
  - She’ll put food in her mouth on a spoon. | - She may cut her first two central top and two central bottom incisors.  
  - Your baby will probably enjoy lumpier textures. He may hold rusks or toast soldiers and drink less milk now. |
| 15-16 months | - He perfects balance and becomes steadier on his feet.  
  - He’ll say new words every day.  
  - He understands much more than he says. | - He’ll say new words every day.  
  - He understands much more than he says.  
  - He loves routine and anticipating what comes next. | - His imagination is developing.  
  - He can point at his nose, eyes and mouth. | - Large canines (eye teeth) may appear between now and 20 months.  
  - He’ll drop to two milk feeds a day.  
  - He can cope with lumpier foods. | - She may cut her first two central top and two central bottom incisors.  
  - Your baby will probably enjoy lumpier textures. He may hold rusks or toast soldiers and drink less milk now. |
| 17-18 months | - The majority of children can walk, and crawl up stairs. | - Between now and 2 years old she may learn around 10 or more words a day. So watch what you say in front of her!  
  - She copies you.  
  - She may drop to one nap a day. | - Large canines (eye teeth) should be through now.  
  - She’ll eat more family food.  
  - She may use chunky toddler cutlery. | - Large canines (eye teeth) should be through now.  
  - She’ll eat more family food.  
  - She may use chunky toddler cutlery. | - She may cut her first two central top and two central bottom incisors.  
  - Your baby will probably enjoy lumpier textures. He may hold rusks or toast soldiers and drink less milk now. |

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Please note, this chart shows the average time a child would reach these milestones, but all babies develop differently so only use it as a guide. If your baby has special needs or was born prematurely their developmental progress will vary.